

# Home Care Instructions Following Sedation Dentistry

1. DO NOT drive for 24 hours after sedation.
2. DO NOT operate and hazardous devices for 24 hours.
3. A responsible person should be with you until you have fully recovered from the effects of the sedation.
4. Do not go up and down stairs unattended. Stay on the ground floor until recovered.
5. Drink plenty of fluids as soon as possible.
6. In most cases, you will be prescribed a non-narcotic pain regimen consisting of acetaminophen (tylenol) and ibuprofen (advil). These two medications taken together, will be as effective as a narcotic without any of the side effects associated with narcotics. If a narcotic has been prescribed, follow the directions carefully. If you have any questions about these medications interacting with other medications you are presently taking, please call our office.
7. Call us if you have any questions or difficulties.